

Roasted Pumpkin Seeds

Ingredients

2 Cups pumpkin seeds _____

1 tbsp. oil _____

½ tsp. salt _____

Directions

Rinse pumpkin seeds and dry on paper towels. Toss w oil and place on _____
cookie sheet. Bake at 350° for 20 minutes, tossing every 5 to 7 minutes until _____
golden. Remove from oven. Salt and enjoy. _____

Notes

**JAEMOR
FARMS**


